

# Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia (SMC)

## Measure Description

The percentage of members 18-64 years of age with schizophrenia or schizoaffective disorder and cardiovascular disease, who had an LDL C test during the measurement year. Members who have cardiovascular disease are defined as having any of the following:

- Discharged from an inpatient setting with an Acute Myocardial Infarction (AMI) diagnosis on the discharge claim.
- Members who had a Coronary Artery Bypass Graft (CABG) during the year prior to the measurement year in any setting.
- Members who had a Percutaneous Coronary Intervention (PCI) during the year prior to the measurement year in any setting.
- Members diagnosed with Ischemic Vascular Disease (IVD) during both the measurement year and the year prior to measurement year in any in any setting.

**Product Line:** Medicaid

## Codes Included in the Current HEDIS® Measure

Description	Code
LDL C Lab Test	CPT: 80061, 83700, 83701, 83704, 83721 CPT II: 3048F (<100 mg/dL), 3049F (100-129 mg/dL), 3050F (≥130 mg/dL) Do not include codes with CPT CAT II Modifiers <b>or</b> from laboratory <b>POS 81</b>
Outpatient	CPT: 99202-99205, 99211-99215, 99242-99245, 99341, 99342, 99344, 99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99429, 99455, 99456, 99483 HCPCS: G0402, G0438, G0439, G0463, T1015 UBREV: 510, 0511, 0513-0517, 0519-0523, 0526-0529, 0982, 0983
Telephone Visits	CPT: 98966-98968, 99441-99443
Online Assessments	CPT: 98970-98972, 98980, 98981, 99421-99423, 99457, 99458 HCPCS: G0071, G2010, G2012, G2250-G2252
Acute Inpatient	CPT: 99221-99223, 99231-99236, 99238, 99239, 99251-99255, 99291

## Ways Providers can Improve HEDIS® Performance

- Schedule **telephone, telehealth, e-visit, or virtual check-in** appointments to diagnose patients with schizophrenia or schizoaffective disorder.
- Schedule **telephone, telehealth, e-visit, or virtual check-in** appointments to diagnose patients with ischemic vascular disease (IVD). *Note: two appointments are needed with an IVD diagnosis on different dates of service for members to be part of the measure.*
- Order labs prior to patient appointments. PCP should notify the BH professional of forthcoming labs.
- Review cardiovascular services needed at each office visit and ensure lipid levels, blood pressure and glucose are monitored at every appointment.
- Educate patient (and caregiver) about the risks associated with antipsychotic medications and cardiovascular disease and the importance of a healthy lifestyle. These includes nutrition, exercise, and smoking cessation.
- Order direct LDL to avoid a missed opportunity if member is not fasting.

## Ways Health Plans can Improve HEDIS® Performance

- Encourage BH providers (MD, NP or other professional with lab ordering ability) to order diabetic lab tests for members who do not have regular contact with their PCP.
- Educate member (and caregiver) about the risks associated with antipsychotic medications and cardiovascular disease and the importance of a healthy lifestyle. These includes nutrition, exercise, and smoking cessation.
- Offer the member/family/caregiver Care Coordination/Case Management b for additional support and medication/treatment adherence.
- Educate providers on criteria for identifying patients with schizophrenia or schizoaffective disorder
- Include LDL testing in value-based arrangements with providers
- Ensure your member understands the local community support resources and what to do in an event of a crisis.
- Discuss with your member/caregiver the importance of monitoring emotional well-being and following up with their BH provider.
- Care should be coordinated between providers. Encourage communication between the behavioral health providers and PCP.
- Ensure receipt of high-volume lab files/feeds
- Educate providers on criteria for identifying patients with schizophrenia or schizoaffective disorder

## Required Exclusions

- Members who use hospice services or elect to use a hospice benefit any time during the measurement year.
- Members who die any time during the measurement year.

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